What is claimed is:

- 1. A method for starting an engine (5) of a vehicle (1), wherein in the event of a starting command, a check is made as to whether the vehicle (1) is stationary; if the vehicle (1) is stationary, at least one vehicle brake (10) is activated; and after activation of the vehicle brake (10), starting of the engine (5) is authorized.
- 2. The method as defined in Claim 1, wherein the at least one vehicle brake (10) is released again after an engine startup.
- 3. The method as defined in either of the foregoing claims, wherein the engine (5) is automatically started after starting of the engine (5) is authorized.
- 4. The method as defined in any of the foregoing claims, wherein in the event a starting authorization is not present within a predefined time period following the existence of the starting command or of a starting authorization request associated therewith, an automatic start of the engine (5) is excluded.
- 5. The method as defined in any of the foregoing claims, wherein starting is authorized only if a determination is made that a drive system of the vehicle (1) is disengaged from the engine (5).
- 6. The method as defined in any of the foregoing claims, wherein starting is authorized only if a determination is made that a clutch (15) of the vehicle (1) is actuated.
- 7. The method as defined in any of the foregoing claims, wherein starting of the engine (5) is authorized in the event the vehicle (1) is not stationary.